

Exploring Cooperation & Commitment in Groups

What do you think is more important – having the cooperation and commitment of each person on a team, or meeting a team goal? How would you feel if everyone on your team cooperated and demonstrated their commitment, but your team did not reach its goal, which is to win? And how would you feel if you won, but the team had not cooperated in the process? Explain in the blank spaces below (use a separate sheet of paper if necessary).

Think of ways you could demonstrate your cooperation and commitment to one of the communities to which you belong—for example, a team you're on, a band you play in, or even your own family.

Goal:

I can be cooperative by:

I can show my commitment by:

How many synonyms can you list for each word?

Cooperation

Commitment